



## **POST CARE INSTRUCTIONS FOR DERMAPLANING**

- You may experience slight redness and swelling, which should resolve within 24 hours.
- Mineral makeup can be worn immediately following treatment.
- Avoid heat, saunas, hot tubs and sweaty activity for 24 hours; this includes the exercise of any kind.
- Avoid products containing any exfoliating agents (retinoic acid, retinol, tretinoin, retinol, benzoyl peroxide, glycolic acid, salicylic acid, astringents, etc.) for 24 hours after treatment.
- You may resume your regular skin care routine 24 hours after treatment.